Tension Building

Minor incidents of physical / emotional abuse.
Victim feels growing tension.
Victim tries to control situation to avoid violence.
"Walking on eggshells." Victim cannot control abuser.
Longest phase.

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Honeymoon

Phase

Abuser sorry and apologetc.

Abuser makes promises.

"Hearts and flowers."

Minimizing the abuse or acting as if it did not happen. Denial keeps the cycle going.

Denial

Perpetrators, victims, and society at large minimize violence in relationships.



Explosion

Idealized and romantic.
This phase often disappears with time.

PLACES TO CALL FOR HELP

National Domestic Hotline

(800)799-SAFE (7233)

National Center for Victims of Crime

(800) 394-2255

Crime Victims' Compensation

Program

(800)983-9933

Office of the Attorney General

(800) 252-8014

Montgomery County Women's Center 24 Hour Crisis Hotline

(936)441-7273 /

TDD 1-(800) 735-2989

Non-Emergency Number:

(936)441-4044

Victim Assistance Division Mission
Statement

Ensure that victims of crime are:

Treated with fairness and respect,

Afforded their rights, and

Provided with services they need to help ease the impact of victimization.

For more information please call:

Montgomery County District Attorney's Office (936) 539-7800

Hours of Operation.

Monday – Friday 8:00AM – 5:00PM

INFORMATION FOR
VICTIMS OF
DOMESTIC VIOLENCE





Brett W. Ligon

Montgomery County District Attorney
9th Judicial District
207 West Phillips, 2nd Floor
Conroe, TX 77301

Are you a victim of domestic violence?

The Montgomery County District Attorney's Office and the Victim Assistance Division are here to assist you. We know the criminal justice system can be difficult to understand and our victim assistance

coordinators are

available

to provide

assistance and

answer your

questions.

We offer a

comprehensive and coordinated response to victims of domestic violence. Our division is comprised of dedicated professionals to provide information and referral; courtroom accompaniment; access to county and statewide services and insuring your rights as a crime victim.

Domestic violence occurs among all types of people. It cuts across cultural, economic and social boundaries. You are not alone. Help is available.

No one deserves to be abused.

SIGNS OF DOMESTIC VIOLENCE

- -Calls you names, insults you or puts you down
- -Prevents you from going to work or school
- -Stops you from seeing family members or friends
- -Tries to control how you spend money, where you go or what you wear
- -Acts jealous or possessive or constantly accuses you of being unfaithful
- -Gets angry when drinking alcohol or using drugs
- -Threatens you with violence or a weapon
- -Hits, kicks, shoves, slaps, chokes or otherwise hurts you, your children or your pets
- -Assaults you while you're sleeping, you've been drinking or you're not paying attention to make up for a difference in strength
- -Forces you to have sex or engage in sexual acts against your will
- -Blames you for his or her violent behavior or tells you that you deserve it
- -Portrays the violence as mutual



The Montgomery County District Attorney's Office prohibits discrimination on the basis of race, color, national origin, religion, sex, sexual orientation, disability, age, genetic information, and marital status in the delivery of services to victims, complainants and/or witnesses. Any person feeling that they have been discriminated against with regards to services by our office should contact us on our website at: http://www.mctxdao.org/index.cfm

YOU CAN HELP TO PROTECT YOURSELF

Find out about shelters and safe houses

BEFORE you need them.

Have photos taken of your injuries; you can use them later.

Keep money, important papers, clothes, car keys and other essential items in a safe place.

Teach your children to use the telephone to contact the police in case of an emergency.

Meet with an advocate from a shelter or other program designed to help you make a safety plan. Practice this plan with your children.

IT'S NOT YOUR FAULT!

You did NOT cause the abuse.

No one has the right to abuse you.

Know that most children raised with abuse learn to use violence as one way to control others by using power and force.

Know that relationships based on fear, power and control are abusive.

*Ofc: (936) 539-7800*Fax: (936)760-6940